



National Institutes of Health  
Office of Research on Women's Health



## **Olivia Fitzpatrick, B.A.**

### **Doctoral Student, Harvard University**

Olivia Fitzpatrick (she/her) is a clinical psychology doctoral student at Harvard University. She originally hails from Ohio and received her B.A. in psychology and public health from the Ohio State University in 2017. Prior to joining the Lab for Youth Mental Health at Harvard, Ms. Fitzpatrick managed a University of California, Los Angeles research program and urgent care clinic designed to disseminate brief interventions for adolescents at risk for suicidal behavior.

Broadly speaking, Ms. Fitzpatrick's research aims to explore methods for expanding access to and improving the effectiveness of mental health services for children, adolescents, and families. To this end, she primarily focuses on understanding the potential benefits of brief, transdiagnostic, and technology-based interventions through original research and meta-analyses. She is also interested in leveraging idiographic therapy targets to optimize treatment response, and exploring ways to directly involve families in clinical decision-making processes to boost outcomes.