

**FOR IMMEDIATE RELEASE:**

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**Media Advisory: NIH ORWH to Host 2019 Building Interdisciplinary Research Careers in Women's Health Meeting**

**WHAT:** The National Institutes of Health (NIH) Office of Research on Women's Health (ORWH) will host the 2019 Building Interdisciplinary Research Careers in Women's Health (BIRCWH) Meeting, an opportunity for young investigators and other research scientists to present interdisciplinary research results in the area of women's health and the influences of sex and gender on health and disease. Each year, NIH provides grants to institutions to support junior faculty (known as BIRCWH Scholars) in biomedical research and career advancement.

**WHEN:** Wednesday, December 11, 2019

7:30 a.m. – In-person registration

8:00 a.m. – Welcome, followed by keynote address, panel discussion, and BIRCWH Scholar presentations

12:00 p.m. – Presentations conclude

**WHERE:** NIH main campus, Natcher Conference Center (Building 45), Bethesda, MD 20894

Symposium participants can attend in person by registering at

<https://orwh.od.nih.gov/about/newsroom/events/bircwh-2019/registration> or stream the event live at <https://videocast.nih.gov>.

All participants can share thoughts and questions during the event via Twitter: @NIH\_ORWH, #2019BIRCWH.

**WHO:** This year's program will include:

- The second annual **Ruth L. Kirschstein Memorial Lectureship**, which honors Dr. Kirschstein's legacy as the first woman director of an NIH institute and discusses the importance of mentorship in career development. Judith G. Regensteiner, Ph.D., of the University of Colorado School of Medicine, will deliver this keynote address, titled "Strategic Career Development: Charting the Course."
- A panel discussion, titled "Next Generation Data and the Future of Women's Health," will follow.

- The 2019 BIRCWH Meeting will also include podium presentations showcasing three research areas:
  - “Body Composition and Markers of Cardiometabolic Health in Transgender Youth on Gonadotropin-releasing Hormone Agonists Compared to Cisgender Youth,” led by Natalie J. Nokoff, M.D., University of Colorado Anschutz Medical Campus, Aurora, Colorado
  - “Inflammatory Response to Acute Psychological Stress and Risk of Major Adverse Cardiovascular Events among Patients with Coronary Heart Disease: Sex Differences,” led by Samaah M. Sullivan, Ph.D., Emory University, Atlanta
  - “The Association Between Testosterone and Asthma Is Mediated Through Eosinophils in Both Males and Females,” led by Kedir N. Turi, Ph.D., Vanderbilt University Medical Center, Nashville, Tennessee

**LEARN MORE:** For more information on the BIRCWH program, visit <https://orwh.od.nih.gov/career/mentored/bircwh>.

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**About ORWH:** *ORWH serves as the focal point for women’s health research at NIH. It is the first Public Health Service office dedicated specifically to promoting women’s health research within, as well as beyond, the NIH scientific community. The office also fosters the recruitment, retention, reentry, and advancement of women in biomedical careers. For more information about ORWH, visit [www.nih.gov/women](http://www.nih.gov/women).*

**About NIH:** *NIH, the nation’s medical research agency, includes 27 Institutes and Centers and is a component of the U.S. Department of Health and Human Services. NIH is the primary federal agency conducting and supporting basic, clinical, and translational medical research and is investigating the causes, treatments, and cures for both common and rare diseases. For more information about NIH and its programs, visit [www.nih.gov](http://www.nih.gov).*

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