



Women's Health Research in Institutional Development Award (IDeA) States

Building Research Capacity to Improve Women's Health Across the U.S.

1 Why it Matters

Women in many IDeA states face persistent health challenges, especially in rural, underserved areas. NIH is closing this gap by building the scientific workforce, infrastructure, and research programs.

2 From Research Gaps to Research Capacity

Established by Congress in 1993, the IDeA States Program builds biomedical research capacity in 23 states and Puerto Rico with historically lower NIH funding. Since 2020, NIH has leveraged this infrastructure to advance a wide range of women's health research through multidisciplinary centers that strengthen collaboration, mentorship, and investigator development.

3 Program Impact at a Glance

Metrics	Results
Total Investment	~\$35 million
Administrative supplements	\$25.6M across 90 awards, 21 IDeA states and Puerto Rico
Centers of Biomedical Research Excellence	\$9.43M for 4 awards (FY2024-25)
Participating NIH ICOs	16, including ORWH and NIGMS
Research types	49% basic, 25.5% translational, 25.5% clinical
Focus areas	51% chronic disease, 43% female-specific conditions
Jobs supported	~180–270 (midpoint ~225)

4 Research Portfolio

Spans 10+ major diseases and health conditions, including leading causes of death such as cardiovascular disease, cancer, and stroke, as well as autoimmune diseases, endometriosis, and maternal/reproductive, metabolic, neurological, and mental health conditions among others.

5 Where We Go Next

The program will build on its existing research capacity through three priorities:

- **SUSTAIN** — Strengthen the four women's health COBRE Centers at Tulane University, University of Idaho, University of Arkansas, and University of Kansas–Lawrence.
- **INNOVATE** — Encourage innovations in women's health and new approach methodologies.
- **EXPAND** — NIGMS published a new Notice of Funding Opportunity **PAR-27-054** Centers of Biomedical Research Excellence: Development Phase (COBRE-D) (P30). Encourage investigators to incorporate women's health in their research.