

## ORWH-SUPPORTED OUTREACH PROGRAMS FY2007

### **I. Women's Health Seminar Series**

The ORWH Women's Health Seminar Series features nationally recognized leaders in women's health research who present the latest information on topics important to women's health. The Seminar Series began in 1990 and its goal is to educate the NIH community and the public at large on issues that affect the health of women. Every seminar focuses on a current women's health issue and showcases recent research related to that theme.

The theme for the 2007 Seminar Series was “**Working Towards a Healthy Lifestyle Across the Lifespan.**”

The Health of Girls and Women Across the Lifespan: Adolescents

Habits of good health are formed early. This seminar focused on physical activity in youth, health risks of obesity, addiction and adolescents and an update on the ADD Health Research Project. The second in this series was Accept the Challenge: Stay Healthy! Focus on Nutrition, Exercise, Heart, and Bone Health. As we age, the needs of our body change and we need to adjust our healthful habits for a new stage of life. Both seminars well attended and received outstanding evaluations.

### **II. Women's Health Special Interest Group (WHSIG) Seminar Series**

The Women's Health Special Interest Group (WHSIG) Seminar Series, sponsored by ORWH, has been held monthly since October 2002. Lectures have been presented by experts in women's health researcher from within the NIH intramural program as well as the outside scientific community.

The WHSIG is a forum for researchers across the NIH to meet, establish collaborations and learn about sex-based differences, beyond the effects of hormones that are relevant to molecular, cellular, genetic and developmental processes and affect organ systems, behavior and the organism as a whole. This lecture series has provided an important forum for scientific interchange and establishment of collaborations between NIH intramural researchers with scientists around the world highlighting an interdisciplinary approach to sex and gender differences in biology and disease from the molecular level to therapeutic clinical trials.

WHSIG lectures on:

- 1) The Menstrual Cycle
- 2) Pre eclampsia and Cardiovascular Disease
- 3) Changing Models of Biomedical Medical Research or Interregnums are Tough for Young Investigators and the Griff Ross Memorial Lecture - New Genes

### **III. Anita B. Roberts Lecture Series: Distinguished Women at NIH**

The NIH Women Scientist Advisors (WSA) Committee, with support from ORWH, has announced a new seminar series to highlight outstanding research achievements of women

scientists in the Intramural Research Program at the NIH. The seminar series is dedicated to the memory of Dr. Anita B. Roberts, and honors her role as an exceptional mentor and scientist.

The first lecture in the series took place on Thursday October 26, 2006. Elizabeth G. Nabel, M.D., Director of National Heart, Lung and Blood Institute and Chief of Vascular Biology and Genomics Section, National Human Genome Research Institute will be speaking about Genomic Medicine and Cardiovascular Disease.

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